Effects of Domestic Violence on Children
(Office on Women’s Health, U.S. Department of Health and Human Services)

This webpage outlines the short term and long term effects of domestic violence or abuse on children. In addition, discussed are methods to help a child recover, and how to keep the family safe if they are not ready to leave the abuser.

How You Can Help A Child Recover after Witnessing or Experiencing Domestic Violence

**You can help the child by:**
- Helping them feel safe
- Talking to them about their fears
- Talking to them about healthy relationships
- Talking to them about boundaries
- Helping them find a reliable support system
- Getting them professional help

Intimate Partner Violence Effects
(The National Child Traumatic Stress Network)

This resource details the immediate reactions and long term effects of intimate partner violence. Moreover, it details reactions by age groups for youth from birth to 5 years, youth 6 to 10 years, and youth 12 to 18 years.

Domestic Violence and Children
(American Academy of Child and Adolescent Psychiatry)

When there is domestic violence between partners, there is often child abuse as well. Sometimes children get hurt accidentally. Children need to be assessed for their health and safety when domestic violence occurs. This resource details symptoms to watch out for in young children and adolescents.

Domestic Violence and Education: Examining the Impact of Domestic Violence on Young Children, Children, and Young People and the Potential Role of Schools
(Frontiers in Psychology)

This article examines how domestic violence impacts the lives and education of young children, children, and young people and how they can be supported within the education system.
Association of Childhood Trauma Exposure With Adult Psychiatric Disorders and Functional Outcomes
(JAMA Network Open)

In this cohort study, cumulative childhood trauma was associated with higher rates of adult psychiatric disorders and poorer functional outcomes even after adjusting for a broad range of other childhood risk factors for these outcomes, including psychiatric functioning and family adversities and hardships.

Responding to the Long-Term Needs of Adult Children Exposed to Domestic Violence: Exploring The Connection to Suicide Risk
(National Resource Center on Domestic Violence)

This technical assistance guide explores the connection between exposure to domestic violence in childhood and, among other consequences, the risk for suicide in adulthood. This guide discusses the impact of domestic violence exposure through the lifespan and provides recommendations to better serve adult children exposed to domestic violence (ACE-DV).

Mechanisms Linking Childhood Trauma Exposure and Psychopathology: A Transdiagnostic Model of Risk and Resilience
(BMC Medicine)

This report articulates a transdiagnostic model of the developmental mechanisms that explain the strong links between childhood trauma and psychopathology as well as protective factors that promote resilience against multiple forms of psychopathology.

7.4% of children in Indiana, nearly 110,000 children, have experienced seeing or hearing parents or adults slap, hit, kick, punch one another in the home in 2018 through 2019.

Source: National Survey of Children’s Health