



June 17, 2010
Indiana's Youth at Risk

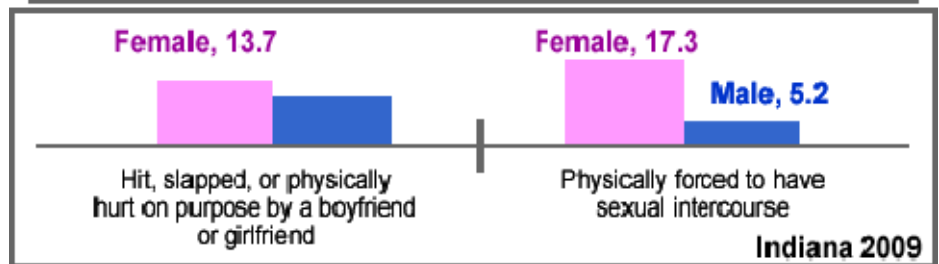
The **Centers for Disease Control (CDC)** released findings from the **National Youth Risk Behavior Survey (YRBS)**. Categories in which **Indiana students** are at a **higher risk** than their peers nationally are:

DATING VIOLENCE

Indiana's rates of dating violence have increased since 2007 and are above the national average. Females are much more likely to be physically forced to have sexual intercourse than males, but are only slightly more likely to be hit, slapped or physically hurt on purpose.

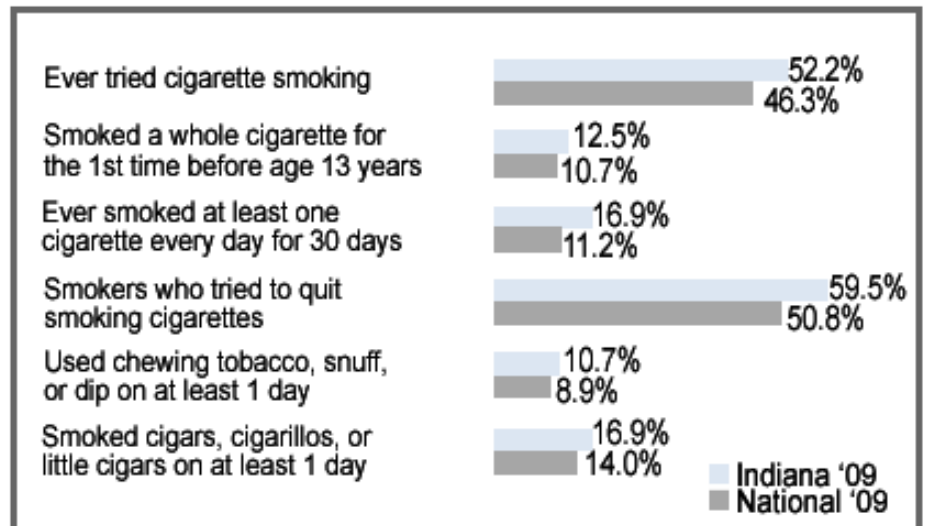


	Indiana		National
	2007	2009	2009
Hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend	11.6%	12.1%	9.8%
Physically forced to have sexual intercourse	9.4%	11.1%	7.4%



SMOKING CIGARETTES

Although Indiana's rates of tobacco use have declined slightly since 2007, they still are above national rates for every tobacco use indicator.



Indiana trends on other indicator sets such as car safety, alcohol consumption, and sexual activity have remained relatively steady since the last YRBS was released. To see all of Indiana's results, visit <http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

SUICIDE

Indiana's rates of youth feeling sad or hopeless, attempting suicide, and seriously considering suicide are up from 2007 and are above the national average.



	Indiana		National
	2007	2009	2009
Considered Suicide	15.8%	17.2%	13.8%
Attempted Suicide	7.2%	9.3%	6.3%
Felt Sad or Hopeless	27.5%	28.1%	26.1%

DRUG USE

Indiana's rates of huffing and accessing drugs at school have increased and are above the national average.



	Indiana		National
	2007	2009	2009
Sniffed glue, breathed aerosol, or inhaled paint to get high	15.8%	16.0%	11.7%
Offered, sold, or given an illegal drug on school property	20.5%	25.5%	22.7%

OBESITY

One-third of Indiana's youth describe themselves as slightly or very overweight. The state's youth are *less* likely than their national peers to eat healthy and exercise, but *more* likely to stop eating for 24 hours or to vomit in an attempt to lose weight.

Nutrition	Described themselves as slightly or very overweight	29.3%	27.7%
	Did not eat fruit last week	15.1%	11.4%
	Did not eat green salad last week	45.8%	36.6%
Exercise	Did not eat other vegetables last week	17.9%	16.7%
	Did not exercise to lose weight or to keep from gaining weight last month	40.5%	38.5%
	Did not attend physical education classes in an average week	65.2%	43.6%
Risk Behavior	Did not play on sports teams last year	45.5%	41.7%
	Went without eating for a day or more to lose or keep from gaining weight last month	13.2%	10.6%
	Vomited or took laxatives to lose or keep from gaining weight last month	5.4%	4.0%

■ Indiana '09
■ National '09